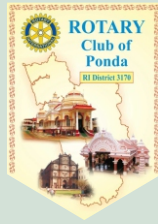
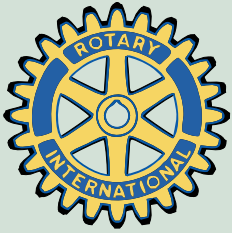


Farmagudi



The Bulletin of
ROTARY CLUB OF PONDA



Club No. 15674
Chartered on : 27th April 1978

R.I. District : 3170
Volume : 47 | FEBRUARY 2025



Rtn. Paul Harris
Founder



Rtn. Stephanie A. Urchick
RI President 2024-25



Rtn. Sharad Pai
District Governor



Rtn. Suchitra Bhat
President

Rtn. Venkatesh Nayak
Secretary

Rtn. Priya Naik
Treasurer

Rtn. Abhijeet Kelekar
Bulletin Editor

Editorial



Dear Fellow Rotarians and Friends,
As we step into February, the month of renewal and action, we continue our Rotary journey with renewed enthusiasm and a deep commitment to service. February is also significant as it marks **World Understanding and Peace Month**, a time when we,

as Rotarians, reaffirm our dedication to fostering goodwill, peace, and international understanding through our projects and initiatives.

January was the Vocational Service Month. Different activities were carried out during the month. Christmas and New year celebration, Induction of new member, donation of fowler bed mattresses to the old-age home, eye check-up camp, E-Waste Collection drive, guest speaker at weekly meeting, kite flying activity and very well attended District Conference at Belagavi.

February is particularly significant for Rotarians as it marks **Peace Building and Conflict Prevention Month**.

"Peace cannot be kept by force; it can only be achieved by understanding." "Peace is not absence of conflict, it is the ability to handle conflict by peaceful means." Rotary's mission has always been rooted in fostering peace and goodwill across communities and nations. In today's world, where conflicts and misunderstandings often dominate headlines, our role as Rotarians becomes even more crucial. Through our service projects, youth programs, and international collaborations, we continue to promote harmony and positive change. Let us use this month to reflect on how we, as individuals and as a club, can contribute to creating a more peaceful world.

One of the highlights of this month is **Rotary's 120th anniversary celebrations**. This is a milestone that reminds us of the incredible impact Rotary has made worldwide since its inception in 1905. Let us take this opportunity to reflect on our club's achievements and set new goals for the future.

As we continue our service projects, let us not forget the importance of fellowship and friendship. The strength of Rotary lies in its members, and the bonds we forge through shared experiences make our mission even more meaningful.

Let us move forward with renewed purpose, embracing the values of service above self. Together, we can continue to create a lasting impact in our community and beyond.

Thank you for your unwavering dedication and enthusiasm. Let's continue to make a difference, one service project at a time.

Yours in Rotary Service,

Rtn. ABHIJEET KELEKAR

Editor



President Speaks

Dear Fellow Rotarians,

It gives me immense pleasure to handover to you this February 2025 issue of bulletin Farmagudi. The secretary's report will give you a glimpse of the projects undertaken in the month of January 2025.

We donated Fowler mattresses to the inmates of Sanjeevan, ensuring comfort and dignity for patients. We organised an Eye Check-up Camp for the inmates (Girls Students) of Kanya Vastigruha Canacona, with essential vision screenings and care. Through Niskshay Mitra, we extended our support to TB patients, reaffirming our commitment to public health.

In our drive towards sustainability, RC Ponda initiated an E-Waste Collection Program at 5 places in Ponda encouraging responsible disposal and recycling of electronic goods. We received a tremendous response for this program.

We celebrated Republic day on 26th January 2025. Rotarians had their quality time with the inmates of Bal Kalyaan Ashram Talaulim. Thanks to Rtn. Mohan and Anne Meenu for sponsoring the prizes, toys and refreshments. Beyond service, our fellowship remains the heart of our club. The Christmas and the New Year Celebration brought us all together, strengthening our bonds as we welcomed another year of service. Sincere gratitude to Mrs. Savita D'Costa and Mr. Frank for their wholehearted support for Christmas celebrations. The Kite Flying Festival was a joyful gathering, reminding us of the spirit of fun in Rotary. Everyone enjoyed proving that we all have a child in us!!

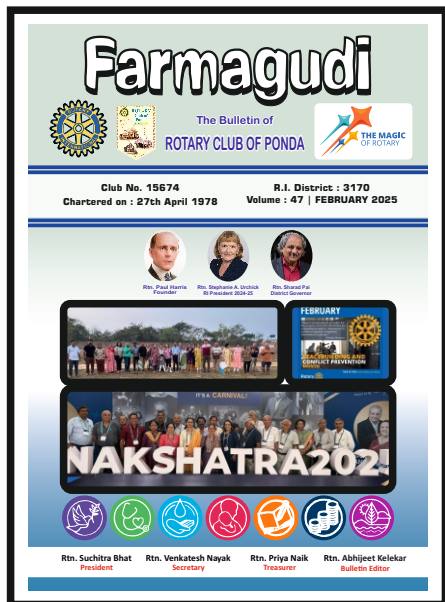
As we step into February, we embrace Rotary's theme: Peacebuilding and Conflict Prevention Month. Peace is not just the absence of conflict but the presence of justice, equity, and understanding. Through our community service and other social responsibilities let's build a peaceful world. We Rotarians can be the ambassadors of spreading goodwill and harmony.

I express my deepest gratitude to each Rotarian, Annes, Annettes as well as the Innerwheel club members for their unwavering dedication and enthusiasm. Together, let's spread the Magic of Rotary!!

Rtn. Suchitra Bhat

President 24-25

THE MAGIC OF ROTARY Rotary Club of Ponda



Editor

Rtn. Abhijeet Kelekar

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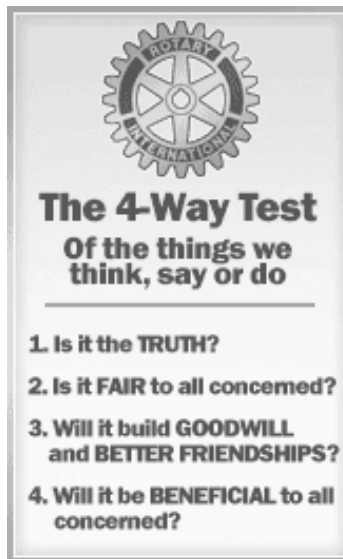
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"I do not believe capital can afford to permit hunger, squalor, or disease. Let us banish the city miserable before we build our city beautiful. Slums are political malarial breeders, and we must not have them in our midst."

**-Paul P. Harris THE ROTARIAN,
March 1918**

Board of Directors for 2024 - 2025

President	- Rtn. Suchitra Bhat
Vice-President	- Rtn. Abhijeet Kelekar
President-Elect	- Rtn. Dr. Anita Tilve
Immediate Past President	- Rtn. Nasir Ali Wahid
Secretary	- Rtn. Venkatesh Nayak
Treasurer	- Rtn. Priya Naik
Sergeant-at-Arms	- Rtn. Sanjana Desai
Club Service Director	- Rtn. Ranjit Sadekar
Community Service Director	- Rtn. Mohan Aggarwal
Vocational Service Director	- Rtn. Mukul Lal
International Service Director	- Rtn. Dr. Subramanya Bhat
Youth Service Director	- Rtn. Vasudev Sawant
Joint-Secretary	- Rtn. Ashwin Kunkolienkar

Objectives of Rotary

The Objective of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST : The development of acquaintance as an opportunity for service;

SECOND : High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD : The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH : The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

**सम्भव की सीमा जानने का
केवल एक ही तरीका है।
असम्भव से भी
आगे निकल जाना।**





Rtn. Venkatesh Nayak
SECRETARY

Secretary's Report JANUARY 2025

X'MAS CELEBRATION

3/1/2025 - During the 25th Regular Weekly Meeting of the club, X'mas celebration was held enthusiastically. Mrs. Supriya Praveen Kamat, was inducted to the club at the hands of Rotarian Dr. Vilas Naik. The whole program was conducted in Konkani language. The hall was beautifully decorated with lights, stars and Christmas trees. Members and guests were treated to a variety of cultural programs including carol songs, music, konkani Kantara and skits. Santa Claus made a special appearance distributing chocolates to children and audience and spreading joy.



DONATION OF FOWLER BED MATTRESSES

6/1/2025 - Fowler bed mattresses donated to Sanjeevan RC Ponda donated 3 fowler bed mattresses to Sanjeevan, an old age home institution. The objective of this donation was to support Sanjeevan's mission of providing comfort and care to the senior citizens. President Rtn. Suchitra Bhat handed over the mattresses to Smt. Asha Sanvordekar, head of Sanjeevan along with IWP Rtn. S. Hobha Kelekar. 6 Rotarians were present on this occasion.



26th Regular Weekly Meeting

10/1/2025 - During Regular weekly Meeting Rtn. Suchitra and Rtn. Abhijeet presented the slide show of Vietnam tour which was well received by the audience.



MAKAR SANKRANTI CELEBRATION

12/1/2025 - Makar Sankranti celebration with kite flying RC Ponda organized a thrilling kite flying event to celebrate the festive occasion of Makar Sankranti. The event was held at Engineering college Ground, Farmagudi, brought together more than 40 members of Rotary family for a fun-filled evening of kite flying, socializing and savoring delicious snacks.



27TH REGULAR WEEKLY MEETING

17/01/2025 During the meeting, guest speaker retired captain Dean Mendonca regaled the audience with his inspiring speech " My journey in armed forces". In his speech, he narrated his experiences, challenges and scope in Indian Navy and provided valuable insights for those interested in joining the Navy. Monthly Bulletin " Farmagudi " was released at the hands of Captain Dean Mendonca.



EYE CHECK-UP CAMP

19/1/2025 - Eye Check-up Camp for inmates of Kanya Vasatigrah, Loliem. RC Ponda organized a successful eye check up camp for inmates of Kanya Vasatigrah, Loliem, Canacona. The camp held on 19th January, provided free eye examinations and consultations to 45 beneficiaries. RC Ponda would like to extend its gratitude to Dr. Rajesh Bhat and other Rotarians who contributed to the success of this camp.



E-WASTE COLLECTION DRIVE

20th to 25th January 2025 The Rotary Club of Ponda's e-waste collection drive, held across 5 different locations, Khadpaband, Curti, Kurtarkar Nagari, Patantali and Ambegal, received an overwhelming response from the community. The drive was conducted for 6 days from 20th to 25th January. A significant amount of electronic waste, including old computers, laptops, phones, televisions, microwave ovens and other electronic appliances, was collected during the drive.



Club Assembly

24/1/2025 - Club assembly was conducted by AG Rtn. Dr. Pradnya Kakodkar. She discussed about the Rotary District Conference scheduled from 31st January to 2nd February at Belagavi. She informed about different activities, programs, Speakers at conference etc and requested the members to participate in large numbers.



DISTRIBUTION OF NIKSHAY MITRA FOOD BASKETS

28/1/2025 - RC Ponda handed over 8 Nikshay Mitras food baskets to Sub District Hospital, Ponda. The objective of this project is to provide nutritional support to the TB patients, enhancing their recovery and well being. Likewise, next 5 months the food baskets will be supplied to SDH, Ponda at the month end.



BOD MEETING

1/1/2025 - 7th BOD meeting in Rotary Hall. Host: Rt.Nasir Ali Wahid



REPUBLIC DAY CELEBRATION

26/1/2025 - Republic day celebration at Balkalyan Ashram, Talavali RC Ponda celebrated Indias 75th Republic day with great enthusiasm and patriotism at Balkalyan Ashram, Talavali. A drawing competition was organized in 3 groups with the theme of Republic day. Inmates also presented songs, stories and skits based on national integration. Prizes and snacks were distributed to the inmates. The event was sponsored by Rtn. Mohan Aggarwal and Anne Minu Aggarwal.



29TH REGULAR WEEKLY MEETING

29th Regular Weekly Meeting of the club was held on 31/01/2025 at Rotary Hall. As president Rtn. Suchitra Bhat and secretary Rtn. Venkatesh had been to Belagavi to attend District conference, Rtn. Ranjit Sadekar and Rtn. Shyam Naik shared the responsibility of President and Secretary respectively.



The 80 - 20 Rule

The 80-20 Rule, also known as the **Pareto Principle**, states that roughly 80% of effects come from 20% of causes. It was named after the Italian economist **Vilfredo Pareto**. This pattern is found in many areas of life, business and even nature.

How the 80-20 Rule Works

The rule suggests that:

- 80% of your results come from 20% of your efforts.
- 80% of a company's revenue comes from 20% of its customers.
- 80% of complaints come from 20% of customers.
- 80% of the world's wealth is controlled by 20% of the population.
- 80% of the work in a group project is done by 20% of the people.
- 80% of your work is done in 20% of your working hours.
- 80% of the time is spent choosing what to watch on TV, and only 20% we are actually watching something.
- And even then, you'll probably rewatch the same favorite programme for the 17th time.
- 80% of your texts come from 20% of your contacts.
- And let's be honest, you ignore 80% of the texts you receive anyway.
- 80% of the time, you wear only 20% of your clothes.
- 80% of your old clothes are stored "just in case," but you wear the same 5 T-shirts on regular basis.
- 80% of your calories come from 20% of your favorite foods.
- And that 20% is probably fried food and sweets.
- 80% of your plate is taken up by rice/roti, while 20% is actual sabzi (vegetables).
- 80% of the people at the gym are just using 20% of the equipment.
- And 20% of the gym-goers are actually working out while the rest are taking mirror selfies.
- 80% of the mess is caused by 20% of the people in the house, and it's always that one person who says, "I'll clean it later."
- In marriages, 80% of the budget is spent on food, because let's be real - 20% of the guests are only there to eat.
- 80% of Indian parents want their kids to be doctors or engineers.
- 20% of kids actually want to do that; the rest are secretly dreaming of being stand-up comedians or YouTubers.

- 80% of the fridge space is taken up by 20% of the actual food items. The rest is just random dabbas (containers) with unknown contents.

- 80% of the traffic is caused by 20% of the drivers - especially that one auto-rickshaw driver stopping in the middle of the road.

- 80% of honking comes from 20% of impatient people - and they start honking before the signal even turns green.

- 80% of the Car tyre get punctured in the last 20% of the tyre's life.

- 80% of the WhatsApp messages come from 20% of the members - mostly your "Good morning" uncle and aunty.

- 80% of forwarded messages are fake news, and 20% actually make sense.

- 80% of Indians watch cricket, but only 20% actually know the rules. The rest just cheer when someone shouts.

- 80% of Bollywood movies follow the same formula - 20% romance, 20% action, and 60% slow-motion scenes.

- 80% of the questions at family gatherings come from 20% of nosy relatives.

"Beta, shaadi kab kar rahe ho?" "Package kitna hai?"

"US settle hone ka plan hai?"

- 80% of the time, you're planning an escape after answering these same 3 questions 100 times.

- 80% of the actual work is done by 20% of the staff. The rest are "on break" or "coming in 5 minutes."

- 80% of the delay is caused by 20% of the paperwork, and it always needs one more stamp from the babu (clerk).

- 80% of the Diwali sweets are eaten by 20% of the family members. (Usually that one cousin who keeps sneaking into the kitchen.)

- 80% of the Holi colors are thrown in the first 20 minutes, then everyone just sits around eating.

How to Use the 80-20 Rule in Life

- Focus on the important 20%. Identify which tasks, people, or habits give you the best results.
- Eliminate or minimize the unproductive 80%. Reduce time on activities that don't bring much value.
- Work smarter, not harder. Instead of trying to do everything, prioritize the few things that give the best outcomes.

Moral of the Story

- **The 80-20 Rule is everywhere.**
- **If you understand it well, you can avoid the 80% of nonsense and focus on the best 20%.**
- **Or, just accept it and enjoy the chaos!**

ROTARIANS ATTENDING 100% MEETINGS IN JANUARY 2025

1.Rtn. Gajanan Sawant
2.Rtn. Abhijeet Kelekar
3.Rtn. Dr. Vilas Naik
4.Rtn. Uday Tilve
5.Rtn. L. D. Naik
6.Rtn. Priya Naik
7.Rtn. Ranjit Sadekar

8.Rtn. Nasir Ali Wahid
9.Rtn. Suchitra Bhat
10.Rtn. Venkatesh Nayak
11.Rtn. Sanjana Desai
12.Rtn. Shobha Kelekar
13.Rtn. Pravin Kamat
14.Rtn. Supriya Kamat



Congratulations..!



Fellowship Greetings for the Month of February

Birthdays

4th : Annette Pallavi Pandurang Ghate
6th : Rtn. Pritesh Naik
6th : Rtn. Mohan Aggarwal
9th : Annette Pradnya Pradipkumar Naik
15th : Annette Dr. Sailee Shripad Talaulikar
21st : Annette Ashtami Sanjay Bhandari
25th : Annette Dr. Uttara Rajesh Bhat
28th : Annette Shivangi Uday Dangu



Wedding Anniversaries

6th : Anne Ashwini & Rtn. Vinayak Nayak
11th : Anne Smitha & Rtn. Mahendra Khandeparkar
24th : Anne Pradnya & Rtn. Prakash Naik
27th : Anne Manisha & Rtn. Nagesh Komarpant



FROM THE R.C. PONDA ARCHIVES

Year 1995-1996

Theme: Act with Integrity, Serve with Love, Work for Peace

R.I. President - Rtn. Herbert G. Brown

District Governor - Rtn. S. B. Patil

President - Rtn. Shyam Naik

Secretary - Rtn. Shrikrishna L. Pai

